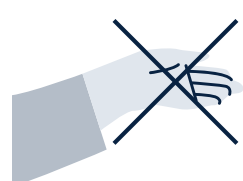
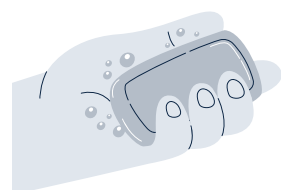


# Keep Our University Safe!

## Practice good hygiene



Stop hand shakes and use **non-contact greeting methods**



Clean hands at the door and schedule **regular hand washing** reminders



**Disinfect surfaces** like doorknobs, tables, and desks regularly



**Avoid touching your face** and cover your coughs and sneezes



**Increase ventilation** by opening windows or adjusting air conditioning

## Limit meetings and non-essential travels

Use **video conferencing** instead of face-to-face meetings

When video calls are not possible, **make sure you wear a mask and gloves.**

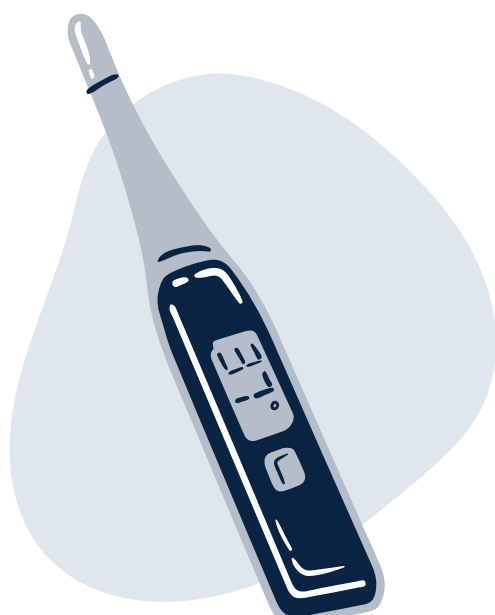
Keep the distance from other people if possible.

**Suspend all non-essential travels** and trips



## Stay home if...

- You are **feeling sick**
- You have a **sick family member** at home



## Take care of your emotional and mental well-being

Outbreaks are a stressful and anxious time for everyone. We're here to support you! Reach out to KSU Psychological support service anytime. Phone: +77089553851. Instagram: @psihologicheskaya\_sluzhba\_kargu

KEEP CALM AND STAY SAFE!